

## <u>Casteel High School Cross Country</u> Meet Schedule

Date	Meet	Race Time (Approx)
August 21st	Mandatory <b>PARENT</b> Meeting (PAC)	6:00 PM
August 24th	2nd Annual Colts Blue and Gold Meet (Intrasquad Meet & Breakfast)	6:00 AM
September 6th	Desert Solstice Invite (Tucson)	ТВА
September 14th	Ojo Rojo (Tumbleweed Park)	7:00 AM
September 19th-21st	Woodbridge Invite (CA Trip - Varsity Only)	ТВА
September 27th	Desert Twilight (Casa Grande)	4:00 PM
FALL BREAK - PRACTICE ON YOUR OWN - 09/28-10/6 <u>III2ND WEEK PRACTICE IS MANDATORYIII</u>		
October 11th	Titan Invite	8:30 AM
October18th	Casteel Colt Invite	8:30 AM
October 30th	Chandler City Meet	TBA
November 8th	Sectionals	ТВА
November 16th	AIA State Meet (Cave Creek)	12:15 PM & 1:15 PM
November 23rdNXN Southwest Regional (Casa Grande)TBA(The goal every year is to have varsity teams competeas well as anyone else who wants to race)		

## \*\*\*ANY ATHLETE WHO DOES NOT COMPLETE PRESCRIBED WORKOUTS WITHOUT WALKING, WILL NOT BE ALLOWED TO COMPETE IN THE MEETS\*\*\*

